### EVENT SPONSORS

## Rockin' 80, ZUMBA Party for AUS

Alexandra Morrison

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#### **Special thanks to:**

Sunrise School Division for the for the use of their stage and to Springfield Collegiate Institute for the donation of their gym and school facilities.





Cindy Thoroski & Allie DePaulo of Springfield Zumba & Fitness

#### YOUR PARTY HOST - SPRINGFIELD ZUMBA & FITNESS

Allie DePaulo and Cindy Thoroski of Springfield Zumba and Fitness are so pleased to host Springfield's first Zumba Fundraiser - Rockin' 80s Party for ALS. We are part of an amazing community and are thrilled to be able to serve the R.M of Springfield with dance inspired fitness programs that get people moving, laughing, sweating and smiling!

This event means a lot to us since both of our families have been deeply affected by ALS and motor neuron disease. We never take a single day of active living for granted and hope that by "dancing for those who can't" we can raise funds for The ALS Society of Manitoba and bring greater hope and support to Manitobans living with ALS and other motor neuron diseases.

Thank you ALL for your support in coming out to this event, shaking your booty and making a difference for a cause that is so important to so many. For more info on this worthy cause: **visit www.alsmb.ca** 

# Rockin' 80, 24MBA Party for ALS Featuring the talents of our wicked Manitoba Zumba Instructor Network (ZIN) Crew...



Melissa Boychuk - ZIN member since June 2009, Melissa teaches in Winnipeg at the Cindy Klassen Recreation Centre, Shapes (McPhillips & Nairn) and Pan Am Pool. She is also certified to teach Zumba Tonina.

**Sharon Delbridge -** ZIN member since November 2008, Sharon teaches in Winnipeg at the Rady Centre, the Reh Fit Centre, Charleswood Senior Centre, Pan Am Pool, and Patricia's Ballroom Studio. Sharon is also certified in Zumba Gold, Gold Toning, Toning, and Aqua.

Allie DePaulo - ZIN member since August 2011, Allie teaches regular classes within the R.M. of Springfield at Anola Community Club, Anola Elementary and Ste. Anne Elementary.

Amber Desrochers - ZIN member since November 2011, Amber teaches regular Zumba classes in Winnipeg at MORFIT.

**Tina Latrofa -** ZIN member since October 2010. Tina teaches in Winnipeg at Shapes and in Oakbank at Oakbank Elementary.



Stacey Lockhart - ZIN member since May 2010, Stacey teaches Zumba in Oakbank at the Oakbank Motor Hotel (downstairs).



Lana Maidment - ZIN member since November 2008, Lana teaches in Winnipeg at the Rady Centre, Lux for Sprouts and Patricia's Ballroom Studio. Lana is also certified in Zumba Gold, Gold Toning, Toning, and Aqua Zumba.

Cyrile Ong - ZIN member since February 2011, Cyrile teaches at Pampaga Banquet Hall, Rady Centre, Snap Fitness, Rising Star Academy and National Leasing in Winnipeg. Cyrile is also certified to teach Zumba Toning.

Cindy Ostryzniuk - A ZIN member since October 2011, Cindy (also known as Cindy O) teaches at Garson Community Centre, Tyndall Community Centre and at Curves (Beausejour). Cindy is also certified in Zumba Toning, Zumba Gold Toning and Zumba Gold.

Erika Riley - A ZIN member since October 2009. Erika is based in Stonewall. Manitoba at her own Studio - Erika's Dance and Fitness Club. Erika is also is certified in Zumba Gold. Gold. Toning, Toning, Aqua Zumba and Zumbatomic.

Jessica Rambally - ZIN member since September 2010, Jessica teaches at Shapes (Westwood), Curves (Pembina), John Taylor Collegiate and Pan Am Pool. Jessica is certified to teach Zumba Toning, Aqua Zumba and Zumba in the circuit.

Cindy Thoroski - ZIN member since February 2011, Cindy teaches regular classes within the R.M. of Springfield at Dugald Community Club and Lyncrest Flight Centre. Cindy is also certified to teach Zumba Gold and Zumbatomic.